

you are hiking. Dehydration sneaks up on people. By the time you are thirsty, you're already dehydrated. It's a good idea to take an insulated water jug with you in the car or one of those 1½ liter bottles of water. Our weather is almost certainly different from what you left behind, and you will probably find yourself thirstier than usual. Just fill it before you leave in the morning and *suck 'em up* (as we say here) all day.

Traffic

Oh, yeah. Traffic can be a *big* problem here, especially in Honolulu. See **DRIVING AROUND O'AHU** on page 24 for more.

Grocery Stores

A decided hazard. Restaurants are expensive, but don't think you'll get off cheap in grocery stores. Though you'll certainly save money cooking your own food if your room has cooking facilities, a trip to the store here can be startling. Phrases like *they charge how much for milk?* echo throughout the stores. Even items such as pineapples—*grown on this island!*—may cost more here than the ones jetted to you on the mainland. Go figure. If you're stocking up, consider buying groceries at **Costco** (526-6103) west of Waikiki on Alakawa Street between Dillingham Blvd. and Nimitz Hwy, or the massive 300,000 square foot **Walmart/Sam's Club** just outside of Waikiki on Keaumoku Street near Ala Moana Shopping Center.

In Waikiki, the only real grocery store is the **Food Pantry** (923-9831) on Kuhio Ave. at Walina St. Prices will obviously be higher than other grocery stores, but if you have access to a kitchen in your room, it's very convenient.

TRAVELING WITH CHILDREN (KEIKI)

Should we have put this under HAZARDS? If you're coming to Hawai'i and bringing the keiki (kids), O'ahu has more kid-oriented activities than any of the Hawaiian islands—some of 'em cheap, some of 'em at *hurt-me* prices.

Hawai'i Children's Discovery Center (524-5437) is at 111 Ohe St. It's \$10 general admission. Basically, kids up to about 9 will love the interactive exhibits rich with costumes, international cultures, various occupations and science. Kids 10 and up might get

antsy. They have an unusually good gift shop.

The **ATTRACTIONS** chapter is the best place to check for keiki-friendly places. **Wet 'n' Wild Hawaii** at 674-9283 (\$30 for kids, \$35 for adults) is a pretty good water park—discounts on tickets can often be found on their website. **Sea Life Park** at 259-7933 is like a mini Sea World (\$19 for kids, \$29 for adults). The **Waikiki Aquarium** at 923-9741 (\$9 for adults, kids 4 and under are free) and **Honolulu Zoo** at 971-7171 (\$1 for kids, \$8 for adults), both in Waikiki, get mixed reviews, as does the **Hawai'i**

Maritime Center at 521-2829 (\$4.50 for kids, \$8.50 for adults).

If you're looking for a place for lunch, the **Oceanarium Restaurant** at 921-6111 (see **DINING** on page 232) has a quarter-million gallon aquarium next to their tables, and at 12:30 p.m. they send in the SCUBA divers to feed the fish. Always a hit with kids.

The **Dole Plantation** (621-8408) has a 100,000-square-foot hedge maze that keeps kids occupied for \$4 (\$6 for adults). See page 97 for more.

We're pretty sure that ice skating wasn't your primary reason for coming



From the air, Kaneohe Bay's odd-looking reefs appear to be more like giant amoebas than coral.